

Learn a variety of outdoor pursuits in this practical and rewarding course



Youth Guarantee programmes are free, one year full-time courses designed for school leavers. Start in February

### Programme content

**Bush craft** learn essential skills for surviving in the bush. You will go on tramps that take you to remote and inspiring places, sleeping in mountain huts, tents or simple bivvies. Learn about plant and animal species, make fire, navigate and work as a team

**White water** when the rains come and the rivers swell, you will have the opportunity to increase your kayaking skills. Start on flat water and learn the Eskimo roll, then progress to the Hutt and the Otaki rivers to experience white water, negotiate rapids and carry out rescues

**Mountaineering** you will spend two weeks on Mt Ruapehu learning the basic skills of moving and surviving in snow and ice, as well as how to avoid avalanches and what to do if you or another party get caught in one. Mountaineering is often one of the peak experiences on the certificate course and will certainly leave you wanting more

**Rock climbing** learn the art of climbing. You will learn rope, technical and personal skills to keep yourself and a climbing partner safe in the vertical world, climbing faces that you never thought possible. Titahi Bay is home to Whitireia rock climbing, holding challenges for beginner and intermediate climbers. We also travel to Bearing Head for awesome bouldering and experience the internationally recognised climbing areas of Wharepapa and Taupo

**Sea kayak** develop your skills in a sea kayak and explore the wild Wellington coastline. We use the stunning coast right on our doorstep, with offshore islands, cliffs, strong tides and surf beaches

**Adventure based learning** learn games and problem solving activities that stretch your capacity to work as an individual and a team. You will start out as a participant and progressively learn how to run these sessions for other groups in the community

**Personal development** increase your self-awareness, confidence and skills for living and working alongside people from a range of backgrounds

**Outdoor first aid** this is an essential qualification for working in the outdoors or looking after your mates when you bite off more than you can chew! You will apply your training to scenarios and role play to consolidate this vital learning

**Risk management** some risk is essential in life and in outdoor adventure. You will be involved in decision making throughout the course, learn to recognise potential dangers, analyse situations and act appropriately to minimise risk

### Qualification

Certificate in Outdoor Adventure (Level 3)

### Further study options

Graduates of this programme can continue their study towards the Diploma in Outdoor Adventure. Alternatively graduates may choose to study the Certificate in Tourism or Small Business Management

### Entry criteria

- Evidence of suitability for Outdoor Adventure programme and relevant outdoor experience based on submitted log and interview
- Must be a school leaver between 16 and 17 years of age as at 13 February 2012
- Can be turning 18 years of age on or after 14 February 2012 and still be eligible
- Must enrol in full-time study in 2012
- Must be a New Zealand citizen or permanent resident