New Zealand Diploma in Enrolled Nursing (Part B)

**Course Title**  
Enrolled Nursing Practice: Mental Health and Addictions

**Code**  
NURS5602

**Level**  
5

**Credits**  
30

**Pre-requisites**  
All Level 4 courses

**Status**  
Compulsory

**Total hours**  
Total 300 hours (Tutor-directed 100 (includes 50hrs simulated clinical), Self-directed 50, Clinical 150)

**Aim**

To enable students to demonstrate knowledge, skills and attitudes when working with health consumers in mental health settings to meet the requirements of the Nursing Council of New Zealand competencies for the enrolled nurse scope of practice.

**Learning Outcomes**

On successful completion of this course the student will be able to:

1. Describe what constitutes mental health for health consumers, family/whānau.
2. Recognise common disorders and assess changes in mood, cognition and perception for the health consumer and family/whānau.
3. Describe the impact of substance use and addiction on health consumers and their family/whānau.
4. Identify changes for health consumers and implement appropriate interventions, including a recovery approach in response to changes in mental health.
5. Explain how stigma and discrimination impact on consumers, family/whānau's health and wellness.
6. Apply the principles of safe medication storage and administration within the legal framework and institutional policy of the specific clinical setting.
7. Maintain a safe environment for self, health consumers, families/whānau and co-workers
8. Meet the Nursing Council of New Zealand competencies for the enrolled nurse scope of practice.
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<tr>
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**Aim**

To enable students to demonstrate knowledge, skills and attitudes to meet the requirements of the Nursing Council of New Zealand competencies for the enrolled nurse scope of practice in settings that support the principles of rehabilitation.

**Learning Outcomes**

On successful completion of this course the student will be able to:

1. Describe the causes, signs and symptoms, underpinning pathophysiology, treatment and nursing interventions for a range of common long term conditions identified as health priorities in New Zealand health strategies.
2. Describe the impact of long term health alteration on health consumers, their families/whanau and the community.
3. Reflect on the implications of socio-economic and socio-cultural realities on consumers and their family/whanau due to long term health alteration(s).
4. Describe and apply the philosophies of care related to disability, rehabilitation, palliative care, continuing care and primary health care.
5. Discuss strategies that assist consumers and their families/whanau who live with long term health alteration(s) to meet their health needs, and maximise their capabilities.
6. Maintain a safe environment and demonstrate leadership skills within the health care team that promote wellness and independence of individuals.
7. Apply the principles of safe medication storage and administration within the legal framework and institutional policy of the specific clinical setting.
8. Meet the Nursing Council of New Zealand competencies for the enrolled nurse scope of practice.